

# The Great Exchange

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## Ephesians 4:25-32

### **Introduction:**

- Communication is a part of our daily lives
- Proverbs 10:19; 13:3; 18:21; 21:23
- Matthew 12:34; James 1-5

### **Five Exchanges Every Christian Should Make:**

**1. Lying for Truthfulness (v. 25)**

**2. Sinful Anger for Righteous Anger (vv. 26-27)**

**3. Stealing for Giving (v. 28)**

**4. Trash Talk for Good Talk (vv. 29-30)**

**5. Sinful Characteristics for Christ-like Virtues (vv. 31-32)**